

~ BDC DANCE 2012 ~ CLASSES ~ BDC DANCE CLASSES 2012	TODDLERS & PRE-SCHOOLERS	DANCE PLAY: 1 & 2 year olds (with parent/carer). A safe, age-appropriate, informal & educational environment using diverse music sources, props & stories to encourage speech, singing, movement & group interaction.
		DANCE PLAY: 3 & 4 year olds These sessions explore body actions and the dynamics of movement through a range of music styles. Encouraging confidence through a variety of props, stories and creative ideas to find ways to explore and express their own dance.
		BOYS' STUFF (3-5 years old) expressing themselves through music and movement with props, themes and activities to hold their interest and embrace their unique energy.
		DEVELOPMENTAL DRAMA This class is aimed at older 4yo children and 5yo children who have not yet commenced Primary School and will include building confidence, social skills, finding your voice, working with others, and will introduce drama concepts, games and storytelling.
		** Dance Play Age Calculation: we initially place children in class based on their age as at 31 st March, so if your child is 3 years old at 31 st March 2012 then they would be in a 3yo group. Children do not change classes after their birthday.
	DRAMA AND MUSICAL THEATRE	DRAMA & MUSICAL THEATRE Exploring drama concepts, creating stories, learning musical theatre-styled songs and dances, creating characters, developing confidence with public speaking, social skills and co-operation while having a lot of fun. Prep 5 years plus.
		DRAMA & MUSICAL THEATRE WORKSHOPS 3 sessions per term each at 2 ½ hours. For those unable to commit to a weekly class but still wanting to explore the world of drama and musical theatre, these workshop-style sessions have more time to allow for more intensive content which encourages focused concentration and retention. Sessions are interconnected so students are expected to attend all sessions each term. Two age groups: 7-9yo and 10yo plus
		CREATIVE DRAMA & PERFORMANCE For students to refine their performance skills and character creation, this class will focus on a variety of drama forms with performance confidence being the underlying goal. May also explore musical theatre depending on interest. For Year 3-6
		MUSICAL THEATRE Focusing on song and dance, improvisation, theatre games, audition skills, vocal techniques, solo and group devised pieces and in-class performances. A chance to develop acting skills and build the stamina and split focus in performance that musical theatre requires. Two age groups: Year 6-8 and Year 8-12 (with advanced dance standard assumed)
	BALLET	KINDER BALLET For children in 3 or 4 year old kindergarten (including 5yo kinder children). Separate 3 year old and 4 year old groups for a fun introduction to ballet with a child friendly attitude. Imagination and play-based learning approaches. Ballet is not mandatory at BDC Dance. We strongly believe that ballet can wait for younger children. If a child has no particular preference or knowledge of ballet then a liberal introduction to dance and movement such as Dance Play is the best primer for dance which they can take on when they are older. Keeping creativity, encouraging exploration and instilling confidence in their ability to move expressively in sensitive response to a wide range of music.
		BALLET Great for improvement to posture, strength, co-ordination, control and body awareness. Assessments offered. From Prep age 5+ (<i>for Kinder children refer above</i>)
		ALLEGRO BALLET For Ballet students taking Level 7 through to Advanced Ballet. This class focuses on extending the skill level and range of movements from the vast repertoire of jumps and turns in ballet. This is a new class in 2012 to work on challenging beat jumps, pirouettes and fouettes.
		PRE/BEGINNER POINTE For Ballet students who have been en pointe for less than a year and those not yet en pointe who wish to increase their strength in preparation for pointework. *BDC Dance has the policy of recommending dance specialty physiotherapy checks prior to commencing pointe work.
		INTERMEDIATE/ADVANCED POINTE For Ballet students who have done at least one year of pointe work and are confident working without the barre.
	DANCE STYLES	TAP The feet become percussive instruments with a focus on musicality, rhythm and style. Movements work up to routines that cover the various styles of tap dancing, including Broadway, rhythm and street. Prep age 5+
		JAZZ An energetic & fast-paced dance style, which develops co-ordination, flexibility, strength and stamina. Often uses popular recent-release or retro pop music. From Prep age 5+
		LYRICAL JAZZ Using the Jazz technique with softer and more flowing influences of contemporary techniques & movement improvisation. From Year 2 (approx age 7+)
		FUNK Originating in the streets of California, Funk is a dance style where the body has a lower centre of gravity, making the moves bouncy and looser in appearance. Available from Year 6+.
		JAZZ/FUNK A blend of energetic Jazz techniques with the relaxed looser feel Funk incorporates. From Year 6+
		CONTEMPORARY A very liberal dance style, there is often a focus on flow of movement and dynamics. Great for developing posture, balance, rhythm and strength. Also explores improvisation and dance making. Self-expression and creativity encouraged with a wide range of music sources. From Prep age 5+
EDUCATION & EXTRA LEARNING OPPORTUNITIES	STRETCH & STRENGTHEN (Body Conditioning) A class dedicated to improving flexibility and control. Beneficial for all styles of dance. Students are guided through the fundamentals of stretching and strengthening in accordance with safe dance practice, and how to apply it to their own training. Two age groups: Year 4-7 & Year 7+	
	TROUPES, SOLOS, DUOS & TRIOS With a focus on choreography and performance, students learn dances in a range of styles for performance in some Melbourne metropolitan dance festivals and BDC Dance October concerts. For experienced dance students in no less than two technique classes each week of two different styles. Please contact the office for more detail.	
	CHOREOGRAPHY WORKSHOPS Providing senior dance students opportunity to learn dance-making processes and choreographic skills to create their own solo and group dance pieces, culminating in an end of year performance. With two workshops per term, the students work with leading industry professional choreographers.	
	VCE DANCE UNITS 1&2 and UNITS 3&4 The study of dance provides the opportunity to explore the potential of movement as a medium of creative expression through diverse approaches. Unit 1&2 Students (Year 10 or 11 students) complete 2½ hours each week. Unit 3&4 Students (Year 11 or 12 students) complete 3 hours per week. VCE Dance must be in conjunction with two technique classes per week of differing styles. Please contact the office for more detail.	
ADULT	ADULT CLASSES at BDC Dance... Enjoyable learning in a relaxed setting without concerts or exams. Casual options or a 10 class pre-paid card. If you are "rusty" or just wanting to keep in touch with, or find, your mobility, strength, co-ordination, fitness or balance. PILATES MATWORK A daytime body conditioning class to strengthen and stabilize. BALLET intermediate standard ie non-beginners, TAP open beginner/intermediate class **new class** INTRO TO BALLET AND DANCE MOVEMENT for genuine beginners	